

# BananaTree

## Allergens Food Guide



MARCH 2019

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**Allergens:** You should **always** inform staff of any dietary requirements, including allergies & intolerances, and we will advise you on the dishes that are suitable for you. However, although we describe as thoroughly as we can the food ingredients in our dishes, we cannot guarantee that traces of allergenic food never occur. This is due to the nature of our kitchen setup & use of kitchen equipment during food preparation.

We use **eggs, dairy products, nuts, peanuts, gluten, fish, crustaceans, molluscs, sesame seeds & soya** in our kitchen. If you have a serious intolerance or allergy to any product, especially those listed above, we recommend you do not dine here, as much as we would love you to.

**PLEASE EXERCISE YOUR OWN DISCRETION AS WE CANNOT ACCEPT RESPONSIBILITY SHOULD ANY TRACES OF ALLERGENS BE PRESENT IN ANY OF THE DISHES.**

All dishes are subject to availability.

# Dishes suitable for those with **CELIAC disease.**

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## **Starters:**

Singapore Laksa Soup (Prawns, Tofu)

Green Papaya Salad

## **Main Course:**

Aromatic Pho (Tofu)

Banana Tree Laksa (Prawn, Tofu)

The Legendary Rendang (Chicken, Beef)

Thai Green Curry (Prawns, Tofu)

Malaysian Prawn Kari

Vegan Coconut Kari

Phad Thai (Tofu, Prawns)

**Sides:**

Steamed Jasmine Rice

Aromatic Spiced Rice

Egg Fried Rice

Palm Leaf Sticky Rice

Green Papaya Salad

Express Plate (served with Lunch Deal dishes only)

**Desserts:**

Balinese 'Pulut Hitam' Pudding

Ice Creams and Sorbets

## GLUTEN free dishes

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### Starters:

Sesame Cracker Basket

Prawn Cracker Basket

Singapore Laksa Soup (Prawns, Tofu, Chicken)

Mekong Prawns

Green Papaya Salad

### Main Course:

Green Papaya Salad with Grilled Chicken & Sticky Rice

Aromatic Pho (Grilled Chicken, Tofu, Chicken)

Banana Tree Laksa (Grilled Chicken, Prawn, Tofu, Chicken)

Indonesian Chicken Jawa

The Legendary Rendang (Chicken, Beef)

Thai Green Curry (Prawns, Tofu, Chicken)

Malaysian Prawn Kari

Vegan Coconut Kari

Phad Thai (Chicken, Tofu, Prawns, Chicken and Prawn Mix)

Crispy Chicken with Mango and Sweet Lime Sauce

**Sides:**

Steamed Jasmine Rice

Aromatic Spiced Rice

Egg Fried Rice

Palm Leaf Sticky Rice

Green Papaya Salad

Express Plate (served with Lunch Deal dishes only)

**Desserts:**

Balinese 'Pulut Hitam' Pudding

Ice Creams and Sorbets

**Drinks:**

Beers contain barley \* (not gluten free)

## CRUSTACEANS free dishes

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### Starters:

Sesame Cracker Basket

Crispy Vegan Gyoza

Steamed Chicken Dumplings in Fresh Herb Sauce

Sticky Thai Wings

Aubergine Half with Aromatic Caramel Sauce

Green Papaya Salad

Vegan Spring Rolls Wrap

Pulled Duck Spring Roll Wrap

Thai Calamari

Malaysian Satay Sticks (Chicken, Vegan)

Singapore Laksa Soup (Chicken, Tofu)

### Main Courses:

Phad Thai (Beef, Chicken, Vegan Bites, Tofu)

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monk's Noodles

Banana Tree Laksa (Grilled Chicken, Chicken, Tofu)

Aromatic Pho (Grilled Chicken, Chicken, Tofu, Beef)

Indonesian Chicken Jawa

Blackened Chilli Beef

Classic Sweet & Sour (Chicken, Vegan Bites)

Crispy Chicken with Mango & Sweet Lime Sauce

Vegan Coconut Kari

Sweet Basil and Oyster Sauce Stir-fry (Beef, Chicken)

Thai Green Curry (Beef, Chicken, Vegan Bites, Tofu)



Chilli, Kaffir Lime and Cashew Nuts Stir-fry (Beef, Chicken, Vegan Bites)

Tamarind Spicy Aubergine

Tamarind Crispy Fish with Thai Basil Glaze

**Sides:**

Steamed Broccoli

Green Papaya Salad

Kajang Satay Sauce

Steamed Jasmine Rice

Aromatic Spiced Rice

Egg Fried Rice

Palm Leaf Sticky Rice

Banana Tree Combo Vegan Option

Express Plate Vegan (served with Lunch Deal dishes only)

**Desserts:**

Banana Frotiteroles

Balinese 'Pulut Hitam' Pudding

Coconut Stuffed Green Thai Pancakes

Warm Chocolate Indo – Fondant

Ice Cream & Sorbets

## EGG free dishes

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### Starters:

Sesame Cracker Basket

Prawn Cracker Basket

Crispy Vegan Gyoza

Sticky Thai Wings

Aubergine Half with Aromatic Caramel Sauce

Singapore Laksa Soup (Chicken, Prawns, Tofu)

Vegan Spring Roll Wrap

Pulled Duck Spring Roll Wrap

Green Papaya Salad

Mekong Prawns

Malaysian Satay Sticks (Chicken, Vegan)

### Mains:

Green Papaya Salad with Grilled Chicken

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Blackened Monk's Noodles

Aromatic Pho (Grilled Chicken, Chicken, Beef, Tofu)

Banana Tree Laksa (Grilled Chicken, Prawns, Tofu, Chicken)

Indonesian Chicken Jawa

Phad Thai (Vegan Bites, Tofu)

Blackened Chilli Beef

Char Grilled Duck with Hoisin and Cashew Nuts

Malaysian Prawn Kari

Vegan Coconut Kari

Sweet Basil and Oyster Sauce Stir-fry (Chicken, Beef, Prawns)

The Legendary Rendang (Chicken, Beef)

Sweet & Sour Vegan Bites

Tamarind Spicy Aubergine

Thai Green Curry (Chicken, Beef, Prawns, Vegan Bites, Tofu)

Chilli, Kaffir Lime and Cashew Nuts Stir-fry (Beef, Chicken, Prawns, Vegan Bites)

Tamarind Crispy Fish with Thai Basil Glaze

### **Sides:**

Steamed Broccoli

Green Papaya Salad

Steamed Jasmine Rice

Aromatic Spiced Rice

Palm Leaf Sticky Rice

Kajang Satay Sauce

Banana Tree Combo Option

Banana Tree Combo Vegan Option

Express Plate (served with Lunch Deal dishes only)

Express Plate Vegan (served with Lunch Deal dishes only)

**Desserts:**

Banana Frotiteroles

Balinese 'Pulut Hitam' Pudding

Ice Cream & Sorbets

Vegan Banana Frotiteroles

## FISH free dishes



### Starters:

Sesame Cracker Basket

Crispy Vegan Gyoza

Prawn Cracker Basket

Aubergine Half with Aromatic Caramel Sauce

Vegan Spring Rolls Wrap

Mekong Prawns

Malaysian Satay Sticks (Chicken, Vegan)

Duck Spring Roll Wrap

Singapore Laksa Soup (Chicken, Prawns, Tofu)

Steamed Chicken Dumplings in Fresh Herb Sauce

### Mains:

Bun Bo Noodle Salad (Vegan Satay, Grilled Chicken)

Blackened Monk's Noodles

Phad Thai

(Beef, Chicken, Prawn, Chicken & Prawns, Vegan Bites, Tofu)

Banana Tree Spiced Noodles

Aromatic Pho (Chicken, Beef, Tofu, Grilled Chicken)

Banana Tree Laksa (Grilled Chicken, Chicken, Prawn, Tofu)

Indonesian Chicken Jawa

Blackened Chilli Beef

Classic Sweet and Sour (Chicken, Vegan Bites)

Tamarind Spicy Aubergine

Malaysian Prawn Kari

Vegan Coconut Kari

Chilli, Kaffir, Lime and Cashew Nuts Stir-fry (Beef, Chicken, Prawn, Vegan Bites)

Thai Green Curry (Beef, Tofu, Prawns, Chicken, Vegan Bites)



## **Sides:**

Steamed Broccoli

Steamed Jasmine Rice

Aromatic Spiced Rice

Egg Fried Rice

Palm Leaf Sticky Rice

Kajang Satay Sauce

Banana Tree Combo Vegan Option

Express Plate Vegan (available with Lunch Deal dishes only)

## **Desserts:**

Banana Frotiteroles

Vegan Banana Frotiteroles

Balinese 'Pulut Hitam' Pudding

Coconut Stuffed Green Thai Pancakes

Warm Chocolate Indo – Fondant

Ice Cream & Sorbets

## MILK free dishes

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### Starters:

- Prawn Cracker Basket
- Sesame Cracker Basket
- Crispy Vegan Gyoza
- Sticky Thai Wings
- Singapore Laksa Soup (Chicken, Prawn, Tofu)
- Aubergine Half with Aromatic Caramel Sauce
- Vegan Spring Rolls Wrap
- Pulled Duck Spring Roll Wrap
- Green Papaya Salad
- Mekong Prawns
- Malaysian Satay Sticks (Chicken, Vegan)

### Mains:

- Green Papaya Salad with Grilled Chicken & Sticky Rice
- Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)
- Banana Tree Spiced Noodles
- Phad Thai (Chicken, Beef, Prawns, Chicken & Prawns, Tofu, Vegan Bites)
- Blackened Monk's Noodles
- Banana Tree Laksa (Grilled Chicken, Prawns, Chicken, Tofu)
- Aromatic Pho (Grilled Chicken, Beef, Tofu, Chicken)
- Indonesian Chicken Jawa
- Blackened Chilli Beef
- Char Grilled Duck with Hoisin and Cashew Nuts
- Classic Sweet and Sour (Chicken, Vegan Bites)
- Crispy Chicken with Mango & Sweet Lime

Malaysian Prawn Kari  
Vegan Coconut Kari  
Tamarind Spicy Aubergine  
Sweet Basil and Oyster Sauce (Beef, Chicken, Prawn)  
Chilli, Kaffir, Lime and Cashew Nuts (Chicken, Beef, Prawn, Vegan Bites)  
Tamarind Crispy Fish with Thai Basil Glaze  
Thai Green Curry (Vegan Bites, Beef, Chicken, Prawns, Tofu)

**Sides:**

Steamed Broccoli  
Green Papaya Salad  
Steamed Jasmine Rice  
Aromatic Spiced Rice  
Egg Fried Rice  
Palm Leaf Sticky Rice  
Kajang Satay Sauce

Banana Tree Combo Option  
Banana Tree Combo Vegan Option  
Express Plate (available with Lunch Deal dishes only)  
Express Plate Vegan (available with Lunch Deal dishes only)

**Desserts:**

Sorbets  
Vegan Banana Frotiteroles

**Drinks:**

\*Except for the following drinks, all other drinks do not contain milk: Pina Colada & Virgin Colada, Vietnamese Coffee and other coffees/teas ordered with milk.



## MOLLUSCS free dishes

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### Starters:

Prawn Cracker Basket

Sesame Cracker Basket

Green Papaya Salad

Steamed Chicken Dumplings in Fresh Herb Sauce

Aubergine Half with Aromatic Caramel Sauce

Singapore Laksa Soup (Chicken, Prawns, Tofu)

Vegan Spring Roll Wrap

Pulled Duck Spring Roll Wrap

Crispy Vegan Gyoza

Mekong Prawns

Malaysian Satay Sticks (Chicken, Vegan)

### Mains:

Green Papaya Salad with Grilled Chicken & Sticky Rice

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks)

Phad Thai (Chicken, Beef, Tofu, Prawns,

Chicken & Prawns Mix, Vegan Bites)

Blackened Monk's Noodles

Aromatic Pho (Grilled Chicken, Beef, Tofu, Chicken)  
Banana Tree Laksa (Grilled Chicken, Prawns, Tofu, Chicken)  
Indonesian Chicken Jawa  
Blackened Chilli Beef  
Char Grilled Duck with Hoisin Sauce & Cashew Nuts  
Crispy Chicken with Mango & Sweet Lime Sauce  
Malaysian Prawn Kari  
Vegan Coconut Kari  
The Legendary Rendang (Chicken, Beef)  
Classic Sweet & Sour (Chicken, Vegan Bites)  
Tamarind Spicy Aubergine  
Thai Green Curry (Chicken, Beef, Prawns, Vegan Bites, Tofu)  
Chilli, Kaffir Lime and Cashew Nuts Stir-fry (Chicken, Beef,  
Prawns, Vegan Bites)

### **Sides:**

Steamed Broccoli  
Green Papaya Salad  
Steamed Jasmine Rice  
Aromatic Spiced Rice  
Egg Fried Rice  
Palm Leaf Sticky Rice  
Kajang Satay Sauce

Banana Tree Combo Option

Banana Tree Combo Vegan Option

Express Plate (available with Lunch Deal dishes only)

Express Plate Vegan (available with Lunch Deal dishes only)

**Desserts:**

Banana Profiteroles

Vegan Banana Fortiteroles

Warm Chocolate Indo-Fondant

Balinese 'Pulut Hitam' Pudding

Coconut Stuffed Green Thai Pancakes

Ice Cream & Sorbets

## NUT free dishes \*\*\* (Read Disclaimer)

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(almonds, hazelnuts, walnuts, pecan nuts, Brazil nuts, pistachio, cashew, Macadamia or Queensland nut)

\*Note that the mixed nuts garnish contains peanuts & sesame only.



### Starters:

Prawn Cracker Basket

Sesame Cracker Basket

Steamed Chicken Dumplings

Sticky Thai Wings

Aubergine Half with Aromatic Caramel Sauce

Crispy Vegan Gyoza

Singapore Laksa Soup (Chicken, Prawns, Tofu)

Vegan Spring Roll Wrap

Pulled Duck Spring Rolls

Thai Calamari

Mekong Prawns \*

Green Papaya Salad \*

Malaysian Kajang Satay (Chicken, Vegan) \*

### Mains:

Banana Tree Spiced Noodles

Blackened Monk's Noodles

Aromatic Pho (Grilled Chicken, Beef, Tofu, Chicken)

Banana Tree Laksa (Grilled Chicken, Prawns, Tofu, Chicken)

Classic Sweet and Sour (Chicken, Vegan Bites)

Crispy Chicken with Mango & Sweet Lime Sauce

Malaysian Prawn Kari

The Legendary Rendang (Chicken, Beef)

Sweet Basil and Oyster Sauce (Chicken, Beef, Prawns)

Vegan Coconut Kari  
Tamarind Spicy Aubergine  
Thai Green Curry (Chicken, Beef, Tofu, Vegan Bites, Prawns)  
Indonesian Chicken Jawa \*  
Blackened Chilli Beef \*  
Tamarind Crispy Fish with Thai Basil Glaze \*  
Green Papaya Salad with Grilled Chicken & Sticky Rice \*  
Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks) \*  
Phad Thai  
(Chicken, Tofu, Beef, Prawns, Chicken & Prawns mix, Vegan Bites)\*  
**(made on request without peanuts & sesame mix)**  
Banana Tree Combo Option  
**(made on request without peanuts & sesame mix)**  
Banana Tree Combo Vegan Option  
**(made on request without peanuts & sesame mix)**  
Express Plate (available with Lunch Deal dishes only)  
**(made on request without peanuts & sesame mix)**  
Express Plate Vegan (available with Lunch Deal dishes only)  
**(made on request without peanuts & sesame mix)**

## Sides:

Steamed Jasmine Rice  
Aromatic Spiced Rice  
Egg Fried Rice  
Palm Leaf Sticky Rice  
Steamed Broccoli  
Kajang Satay Sauce \* (contains peanuts)  
Green Papaya Salad\*

## Desserts:

Banana Frotiteroles  
Balinese 'Pulut Hitam' Pudding  
Warm Chocolate Indo-Fondant  
Ice Cream & Sorbets  
Coconut Stuffed Green Thai Pancakes  
Vegan Banana Frotiteroles

**\*\*\* Please note that because we use nuts in our kitchen, we are unable to give 100% assurance that all our food is free from nuts.**

## PEANUT free dishes \*\*\*



### Starters:

Prawn Cracker Basket

Sesame Cracker Basket

Crispy Vegan Gyoza

Steamed Chicken Dumplings

Sticky Thai Wings

Aubergine Half with Aromatic Caramel Sauce

Thai Calamari

Singapore Laksa Soup (Chicken, Prawns, Tofu)

Vegan Spring Roll Wrap

Pulled Duck Spring Roll Wrap

### Mains:

Banana Tree Spiced Noodles

Blackened Monk's Noodles

Phad Thai (Chicken, Tofu, Beef, Prawns,

Chicken & Prawns mix, Vegan Bites)

**(made on request without peanuts & sesame mix)**

Aromatic Pho (Grilled Chicken, Beef, Tofu, Chicken)

Banana Tree Laksa (Grilled Chicken, Chicken, Tofu, Prawns)

Classic Sweet and Sour (Chicken, Vegan Bites)

Crispy Chicken with Mango & Sweet Lime Sauce

The Legendary Rendang (Chicken, Beef)  
Malaysian Prawn Kari  
Tamarind Spicy Aubergine  
Thai Green Curry (Chicken, Beef , Vegan Bites, Tofu, Prawns)  
Chilli, Kaffir Lime and Cashew Nuts (Chicken, Beef, Vegan Bites, Prawns)  
Vegan Coconut Kari  
Sweet Basil and Oyster Sauce Stir-Fry (Chicken, Beef, Prawns)  
Char Grilled Duck with Hoisin Sauce & Cashew Nuts  
Banana Tree Combo Option  
**(made on request without peanuts & sesame mix)**  
Banana Tree Combo Vegan Option  
**(made on request without peanuts & sesame mix)**  
Express Plate (available with Lunch Deal dishes only)  
**(made on request without peanuts & sesame mix)**  
Express Plate Vegan (available with Lunch Deal dishes only)  
**(made on request without peanuts & sesame mix)**

### **Sides:**

Steamed Broccoli  
Steamed Jasmine Rice  
Aromatic Spiced Rice  
Egg Fried Rice  
Palm Leaf Sticky Rice

### **Desserts:**

Coconut Stuffed Green Thai Pancakes  
Banana Frotiteroles  
Vegan Banana Frotiteroles  
Balinese 'Pulut Hitam' Pudding  
Warm Chocolate Indo-Fondant  
Ice Cream & Sorbets

**\*\*\* Please note that because we use peanuts in our kitchen, we are unable to give 100% assurance that all our food is free from peanuts.**

## SESAME free dishes \*\*\*



### Starters:

Prawn Cracker Basket

Sticky Thai Wings

Singapore Laksa Soup (Chicken, Prawn, Tofu)

### Mains:

Banana Tree Spiced Noodles (**made on request without sesame sprinkle**)

Phad Thai (Chicken, Tofu, Beef, Prawns, Chicken & Prawns mix, Vegan Bites) (**made on request without peanuts & sesame mix**)

Bun Bo Noodle Salad (Grilled Chicken, Vegan Satay Sticks) (**made on request without peanuts & sesame mix**)

Indonesian Grilled Chicken Jawa (**made on request without peanuts & sesame mix**)

Aromatic Pho (Chicken, Beef, Grilled Chicken, Tofu)

Banana Tree Laksa (Grilled Chicken, Chicken, Prawns, Tofu)

Malaysian Prawn Kari

The Legendary Rendang (Chicken, Beef)

Vegan Coconut Kari

Tamarind Spicy Aubergine

Sweet Basil and Oyster Sauce Stir-fry (Chicken, Beef, Prawn)



Thai Green Curry (Chicken, Beef, Prawns, Tofu, Vegan Bites)  
Chilli, Kaffir Lime and Cashew Nuts Stir-fry (Chicken, Beef,  
Prawn, Vegan Bites)

### **Sides:**

Palm Leaf Sticky Rice

Jasmine Rice (**made on request without sesame sprinkle**)

Aromatic Spiced Rice (**made on request without sesame sprinkle**)

Egg Fried Rice (**made on request without sesame sprinkle**)

### **Desserts:**

Coconut Stuffed Green Thai Pancakes

(**made on request without sesame sprinkle**)

Balinese 'Pulut Hitam' Pudding

(**made on request without sesame sprinkle**)

Ice Cream & Sorbets

(**made on request without sesame sprinkle**)

Banana Frotiteroles

(**made on request without sesame sprinkle**)

Vegan Banana Frotiteroles

(**made on request without sesame sprinkle**)

**\*\*\* Please note that because we use sesame in our kitchen, we are unable to give 100% assurance that all our food is free from sesame.**

## SOYBEAN free dishes

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### Starters:

Sesame Cracker Basket

Prawn Cracker Basket

Sticky Thai Wings

Green Papaya Salad

Vegan Spring Roll Wraps

Mekong Prawns

### Mains:

Green Papaya Salad with Grilled Chicken and Sticky Rice

Bun Bo Noodle Salad (Grilled Chicken)

Aromatic Pho (Grilled Chicken Only)

Indonesian Chicken Jawa

Thai Green Curry (Prawns)

Tamarind Crispy Fish with Thai Basil Glaze

## **Sides:**

Green Papaya Salad

Steamed Jasmine Rice

Aromatic Spiced Rice

Egg Fried Rice

Palm Leaf Sticky Rice

Banana Tree Combo Option

Express Plate (available with Lunch Deal dishes only)

## **Desserts:**

Banana Froiteroles

Vegan Banana Froiteroles

Balinese 'Pulut Hitam' Pudding

Coconut Stuffed Green Thai Pancakes

Ice Cream & Sorbets

## Celery



We don't use Celery in any of our dishes.

## Mustard



We don't use Mustard in any of our dishes.

## Lupin



We don't use Lupin in any of our dishes.



## Sulphur Dioxide or Sulphites (dried fruit & wine)



We do not use Sulphur Dioxide or Sulphites in any of our dishes.

\*Wine, Cider, Cocktails (Pina Colada, The Rabbit Hole, Planter's Punch, Virgin Pina Colada) all contain Sulphur Dioxide/Sulphites

## **Kids Menu**



### **Wok Noodles with Crispy Chicken**

(contains: gluten (wheat), eggs, fish \*, sesame \*\*, soybeans)

### **Wok Noodles with Corn Cakes**

(contains: gluten (wheat), fish \*, sesame \*\*, soybeans)

### **Egg Fried Rice with Crispy Chicken**

(contains: eggs, fish \*, sesame \*\*, soybeans)

### **Egg Fried Rice with Corn Cakes**

(contains: gluten (wheat), eggs, fish \*, sesame \*\*)

**\* served on request without Sweet Lime and Mango Sauce which contains fish**

**\*\* made on request without sesame sprinkle & sesame oil**





**BananaTree**

